## ABSTRACT OF THE DISCLOSURE

A picture frame and hanger bar together provide a picture hanging system that requires a single hanger bar in addition to the picture frame itself. The picture frame hanger has a wall mounting surface that during use is affixed to the wall or other vertical surface and the picture frame is provided with a downwardly facing skid member that is recessed within a pocket in the rear of the picture frame. The hanger bar is provided with an upwardly facing ramp surface that is canted downwardly proceeding toward the wall so that when the skid on the picture frame engages the canted surface, the picture frame will slide rearwardly toward the wall on the canted surface so as to press the picture frame against the wall by the force of gravity. The hanger bar preferably applies pressure to a backer board positioned behind the picture or other graphic article for holding it in a flat condition.